## RIDING & YOGA WEEK



Join us for an immersive Riding and Yoga Retreat at Rancho La Paz

Escape the hustle and bustle of daily life and embark on a journey with our exclusive Riding and Yoga Program Week at Rancho La Paz. Nestled in the serene landscapes, Rancho La Paz offers the perfect setting for a harmonious blend of equestrian adventures and revitalizing yoga sessions.

Indulge in daily yoga sessions designed to promote balance, flexibility, and mindfulness. Led by our competent yoga instructors, our classes cater to both beginners and experienced practitioners, creating a wellness experience that complements your riding adventures.



Experience the joy of horseback riding amidst the mountains of MIjas with view on the Costa del Sol. Riders of all levels are more than welcome. Scenic trails provide a good opportunity to connect with the horses while enjoying the tranquility of nature.

- 📅 Date: 24.03. 2024 07.04.2024
- 📍 Location: Rancho La Paz, Torreblanca del Sol, Andalucia/Espana

Our program is designed to be flexible and individualized, allowing you to choose between riding, yoga, or a perfect blend of both. Embrace the freedom to craft your own schedule, ensuring a week that caters to your unique preferences and desires.

Reserve your spot now for a week of equine companionship, yoga serenity, and unforgettable memories. Discover the perfect synergy of adventure and wellness at Rancho La Paz.

For bookings and inquiries, contact us on rancholapaz@hotmail.com

